



G Strophanthin capsules / Capsulen

100 Capsules / Kapseln / Capsulas

3mg G-Strophanthin / Ouabain / Estrofantina

Filler: Organic certified rice starch

Our new capsules are 100% naturally with a high bio-availability.

Please use the capsules with care and start the treatment slowly. Take a look at our page for extra information.

How to start with our Strophanthin 3mg capsules:

Day	Morning	Midday	Evening
1.	-	-	1 Capsule (1/2 Capsule if sensitive)
2.	1 Capsule	-	1 Capsule
3.	1 Capsule	1 Capsule	1 Capsule
4.	1 Capsule	1 Capsule	1 Capsule
5.	2 Capsules	1 Capsule	2 Capsules
6.	2 Capsules	2 Capsules	2 Capsules

After the first six days, you should take 2-4 capsules daily. It is best to take our capsules half an hour on an empty stomach before mealtimes.

In case of emergency, or if you are aware, that a "stressful situation is about to happen ", open 2 capsules manually. Let the powder dissolve directly in the mouth for 5-6 minutes and then swallow it. This way it bypasses the stomach and will be absorbed quicker.

Attention:

A low Kalium and Magnesium level in the body raises the action of the Strophanthin/Ouabain! So please control your levels.

There are no side effects of our capsules taken alongside other medicines, but read the instructions if they lower the Kalium and Magnesium level.

Again > G-Strophanthin, Ouabain is a long-term remedy, so always less is more. Keep some capsules with you when on the move and use them any time if needed. You can't overdose with G-Strophanthin/Ouabain.

Again, less is more, listen to your body!

Start slow..... if your Bowel movements are normal, maintain the dosage and raise it slowly. If it is abnormal (soft to diarrhea) stop for a few days and start again. It is a long-term treatment.

If you have any questions, just contact us.

This is not a medication and not medical advice, but a natural remedy that has been working for over 100 years.